



Anxiety & Depression
Association of America
Triumphing Through Science, Treatment, and Education

Residential Treatment Centers Offering Services for Anxiety Disorders and Depression

Updated July 2023

Facilities listed are in alphabetical order

- [CooperRiis](#)- North Carolina
- [Embark Behavioral Health](#), Multiple national locations
- [Lindner Center for Hope](#) - Ohio
- [McLean Hospital](#) - Belmont, MA
- [Mountain Valley Treatment Center](#), New Hampshire
- [Newport Behavioral Health](#), Multiple national locations
- [Newport News Behavioral Health Center](#), Virginia
- [Rogers Behavioral Health Center](#), Multiple national locations
- [Sheppard Pratt](#) – Baltimore, MD
- [Silver Hill Hospital](#) – Connecticut
- [Skyland Trail](#) – Atlanta, GA

[PsychologyToday.com](#) also offers a list of treatment/rehabilitation centers.

ADAA recommends researching and hiring a placement consultant. Placement consultants research and are up to date on all treatment centers and will help you navigate the insurance piece and the admissions process and also help you walk through comparing one center to another.

ADAA encourages you to also [read this flyer](#) with FAQs based on typical questions from the public regarding the selection of in-patient residential treatment centers.

Disclaimer

Please note that ADAA does not endorse or recommend any specific treatment center or facility listed here. ADAA also strongly urges that the decision as to what facility is chosen is done in close cooperation with one's medical and or mental health provider. These are not easy decisions and ADAA urges that families and individuals conduct extensive research before deciding which facility is ultimately selected.